

How does the club work?

We meet with your child once a week for an hour and a half. During this time we engage all children in a group of fun and educating activities around specific theme/character strength (e.g. Empathy or Self-Esteem). Our activities are divided into three main sections; Ice-breaker/Affirmation Centering exercise, the main activity/discussion/project and finally a closing circle.



Contact

Marwa Farouq (English): +90 5495422054
Yuksel Ulgen Varol (Turkish): +90 5354719817

Website:
www.blossomfamily.net/character-club.html

Facebook:
www.facebook.com/characterbuildingclub

About the Founder

Marwa Farouq, the founder of Blossom Family; a family and youth practice that has been serving parents, teachers and youth around the world for almost five years. Marwa is a certified professional in the area of Family and youth development. For the last five years, she has been supporting parents; teachers and children develop life enriching skills and peaceful ways of living.



The "only" focused character building club in Istanbul...

Our program focuses specifically on introducing children to character strengths and helping them build it within them as well as practice it in their daily life.





What are Character Strengths?

Character strengths are a group of capacities, skills and virtues that are morally and universally valued. When built and practiced, character strengths support us in contributing positively to ourselves, others, the community, and the world.

Our character strengths support us when making decisions in life, solving problems, managing conflict, in our emotional fluctuations, studying, being part of a team and much more in life. It's our backbone in going about life.



Why are they important for my child?

A direct and focused approach to teaching kids and developing their character strengths will enable them to be better people. They will learn how to reflect on life situations, review alternatives and make decisions based on moral and universal values. Children will carry these character capacities within them as they walk by life and develop a wider perspective on dealing with self, others, the community and the world.

Why the Character Building Club?

We are the "only" focused character building club in Istanbul. Our program focuses specifically on introducing children to character strengths and helping them build it within them as well as practice it in their daily life.

Our club is designed to offer a hands-on, playful and centered approach to learning. We use the scientific knowledge and models of VIA institute on character, Relay Graduate School of Education, non-violent communication, Yoga for Kids, Counseling and coaching to introduce age appropriate

concepts, skills and activities. Doing so enables us to have a holistic approach to teaching children about character strengths.

Activities and projects are facilitated by a group of certified and experienced professionals in the field of character strengths, non-violence, counseling, coaching, Yoga for kids and/or Youth Engagement.